Kosho History Test 2

Name__________________________

1) What Martial Arts Style(s) are you practicing? ________________________________

2) Kosho Ryu Kempo literally translates to:
   A) New Bamboo School of Hard-Soft  B) Old Pine School of Fist Law
   C) Old Plum School of Open Hand  D) Crouching Tiger Hidden Smitty

3) Who was the first person to bring Kosho Ryu Kempo from the East to the West?
   A) Gichen Funakoshi  B) James Mitose  C) Thomas Young

   3a) Where is East? _____________________________

   3b) Where is West? _____________________________

4) What generation headmaster of the art was this practitioner?
   A) 20th  B) 21st  C) 22nd

5) What organization did this martial artist found when he reached the West?
   A) United States Karate Association  B) Official Self Defense Club
   C) Mitose School of Hard Knocks  D) “Anything Goes” School of Martial Arts

   5a) Who did he leave the club to? ________________________________

   5b) Who was the second inheritor of the club? ________________________________

6) Who is the 22nd generation headmaster of Kosho Ryu Kempo?
   A) Thomas Young  B) Bruce Juchnik  C) Arthur Kiawi

   6a) What city and state is he from?
      A) Sacramento, California  B) Phoenix, Arizona  C) Shaka Inn, Okinawa
7) Name the first 6 blackbelts under James Mitose:
   1. ______________________________________
   2. ______________________________________
   3. ______________________________________
   4. ______________________________________
   5. ______________________________________
   6. ______________________________________

8) Which of these students was the first person to receive a blackbelt in Kempo west of Asia?
   A) Thomas Young  B) Bruce Juchnik  C) Jackie Chan

9) Which of the first 6 blackbelts became the teacher of Ed Parker?
   A) Thomas Young  B) William Chow  C) Bobby Lowe

10) Who is considered the “Father of Modern-day Karate”?
    A) Gichen Funakoshi  B) Chojun Miyagi  C) Paul Yamaguchi

11) Why is he considered the “Father of Modern-day Karate”?
    ____________________________________________________________________________
    ____________________________________________________________________________

12) What was his profession?
    ____________________________________________________________________________

13) What style of martial arts did he create?
    A) Shotokan Karate  B) Naha-te Karate  C) Judo

14) What does this style translate to?
    A) Wind in the Pines  B) Hard/Soft  C) Empty Hand

15) Who is the Reading, PA instructor who is known for his expertise in pressure point attacking?
    A) Dave Kovak  B) George Dillman  C) William Chow

16) The art of pressure point attacking is called:
    A) Jujutsu  B) Iaijutsu  C) Kyusho Jitsu

17) Who is the founder of the art of Aikido?
    A) Jigoro Kano  B) Choki Motobu  C) Morihei Ueshiba
18) Which of these styles did he NOT practice?
   A) Judo          B) Daito-Ryu Aiki-Jujutsu          C) Jeet Kune Do

19) What are Naha, Tomari, and Shuri?

20) What two accomplishments was Jigoro Kano noted for achieving?
    1. 
    2. 

21) What is the difference between Judo and Jujutsu?

22) Who was Japan’s most famous swordsman?
    A) Miyamoto Musashi          B) Morihei Ueshiba          C) Choki Motobu

23) Why was he considered Japan’s most famous swordsman?

24) What book was published by this man?
    A) The Art of War          B) The Book of 5 Rings          C) The Lord of the Rings

24a) Which is a book on what topic? ________________________________

25) It was said that Miyamoto Musashi only lost one duel in his life time to a man using what weapon?
    A) Kamas          B) Jo Staff          C) Naginata

26) Who was the founder of Tae Kwon Do?
    A) General Che          B) Colonel Sanders          C) General Grevious

27) Tae Kwon Do translates to:
    A) Hard/Soft          B) The Way of the Hand and the Foot          C) Empty Hand

28) Who is considered the “Father of American Karate”?
29) What organization did he found in 1956?
A) United States Karate Association  B) Official Self Defense Club  C) International Kenpo Karate Association

30) Who was the founder of American Kempo Karate?
A) William Chow  B) Ed Parker  C) Bruce Juchnik

31) Who was the first martial artist to open up a karate dojo in the US?
A) William Chow  B) Jigoro Kano  C) Robert Trias

32) In which city, state and year did it open?
City, State: ____________________________________________  Year: ________________

33) What organization did this martial artist found?
A) U.S.K.A.  B) Official Self Defense Club  C) International Kenpo Karate Association

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**Sho Chiku Bai Exam**

34) The 1st Representation of Kigan is:
A) Left hand represents spiritual, right hand represents physical, spiritual covers physical, hide your weapons.
B) Left hand represents spiritual, right hand represents physical, placed together for peace and avoidance of conflict.
C) Look at a man as you would a mountain from the distance, without nitpicking flaws and imperfections.
D) Failure is the virtual way to prepare you for great responsibility.

35) The 1st Representation of Kaishu is:
A) Left hand represents spiritual, right hand represents physical, spiritual covers physical, hide your weapons.
B) Left hand represents spiritual, right hand represents physical, placed together for peace and avoidance of conflict.
C) Look at a man as you would a mountain from the distance, without nitpicking flaws and imperfections.
D) With great power comes great responsibility.

36) The 1st Representation of Hoken is:
A) Left hand represents spiritual, right hand represents physical, spiritual covers physical, hide your weapons.
B) Left hand represents spiritual, right hand represents physical, placed together for peace and avoidance of conflict.
C) All we have to decide is what to do with the time that is given to us.
D) Look at a man as you would a mountain from the distance, without nitpicking flaws and imperfections.

37) The 2nd Representation of Kigan is:
A) Skeletal Strikes
B) Muscular Strikes
C) Internal Strikes
D) Escaping
38) The 3rd Representation of Kigan is:
   A) Skeletal Strikes
   B) Folding Arts
   C) Internal Strikes
   D) Escaping

39) The 2nd Representation of Kaishu is:
   A) Skeletal Strikes
   B) Folding Arts
   C) Internal Strikes
   D) Escaping

40) The 3rd Representation of Kaishu is:
   A) Skeletal Strikes
   B) Muscular Strikes
   C) Internal Strikes
   D) Escaping

41) The 2nd Representation of Hoken is:
   A) TOTAL DOMINATION!
   B) Muscular Strikes
   C) Internal Strikes
   D) Escaping

42) The 3rd Representation of Hoken is:
   A) TOTAL DOMINATION!
   B) Muscular Strikes
   C) Internal Strikes
   D) Escaping

43) The pine on the Sho Chiku Bai symbolizes:
   A) Faithful friendship which resists all trials
   B) Honesty, the application of discipline, and the man who remains loyal in all events
   C) Beauty, nobility, and courage
   D) Totality, no beginning, and no end

44) The plum on the Sho Chiku Bai symbolizes:
   A) Faithful friendship which resists all trials
   B) Honesty, the application of discipline, and the man who remains loyal in all events
   C) Beauty, nobility, and courage
   D) Totality, no beginning, and no end
45) The bamboo on the Sho Chiku Bai symbolizes:
   A) Faithful friendship which resists all trials
   B) Honesty, the application of discipline, and the man who remains loyal in all events
   C) Beauty, nobility, and courage
   D) Totality, no beginning, and no end

46) The circle surrounding the Sho Chiku Bai represents:
   A) Honesty
   B) Politeness
   C) Totality
   D) Sincerity

47) The 1st philosophical representation of the octagon of the Sho Chiku Bai symbolizes:
   A) The Qur’an
   B) The Ten Commandments
   C) The Eightfold Path of Buddhism
   D) The Book of the Dead

48) The physical representation of the octagon of the Sho Chiku Bai is:
   A) The 8 Angles of Escaping
   B) 7-10
   C) The Leaning Factor
   D) Move Twice

49) What does the outer circle of the octagon represent?

50) Who was the founder of Wado-Ryu Karate?
    A) Gogen Yamaguchi
    B) Hionori Ohtsuka
    C) Miagi

51) Who was the founder of Okinawan Goju Ryu Karate?
    A) Gogen Yamaguchi
    B) Hionori Ohtsuka
    C) Chogen Miagi

52) Who was the founder of Japanese Goju Ryu Karate?
    A) Gogen Yamaguchi
    B) Hionori Ohtsuka
    C) Chogen Miagi

53) Who was the great Okinawan Karate master to practice NaiHanChi Kata 500 times a day?
    A) Thomas Young
    B) Choki Motobu
    C) Rick Alexander

54) Who was the founder of Kyukushinkai Karate?
    A) Miyamoto Musashi
    B) Morihei Ueshiba
    C) Mas Oyama

55) What animal did this martial artist fight and kill with his bare hands in the ring?

___________________________________
56) Who was the Kempo master, trained by William Chow, who became one of the 5 founding members of Kajukenbo?
   A) Adriano Emperado  
   B) Hionori Ohtsuka  
   C) Mas Oyama

57) What are the styles that formed Kajukenbo?

58) What is the name of the temple that is the birthplace of Kempo?
   A) Holiday Inn  
   B) Shaka Inn  
   C) Lake Lure Inn

59) Who was Richard Kim?

60) Who was Donn Draeger?

61) Who was the founder of Jeet Kun Do?
   A) Mas Oyama  
   B) Bruce Lee  
   C) Chuck Norris

62) What style of martial arts did Bruce Lee practice prior to creating his own style?
   A) Kempo  
   B) Tae Kwon Do  
   C) Wing Chun

63) Who is known as the “Father of Eskrima” in the US?
   A) Bruce Juchnik  
   B) Angel Cabales  
   C) Donn Draeger

64) What is the Tri-Colored Belt?

65) Who was awarded the Tri-Colored Belt after defeating 119 opponents over 2 days in a “Lame or Kill” tournament in Japan in 1956 to become the 3rd ranked martial artist under the International karatedo Federation of Japan? Note: This person was only 3rd in rank to Yamaguchi and Chitose who had Red belts which signified they were the personal bodyguards of the Emperor of Japan.
   A) Bruce Lee  
   B) Steven Segal  
   C) Henry Slomanski
Who is Your Master

Match up the letter associated with the teachers on the right with the students on the left.
(Some students have multiple teachers. Some teachers are used more than once, some not at all.)

<table>
<thead>
<tr>
<th>Students</th>
<th>Teachers</th>
</tr>
</thead>
<tbody>
<tr>
<td>66) Bruce Juchnik</td>
<td>A. Bruce Juchnik</td>
</tr>
<tr>
<td>67) Bruce Lee</td>
<td>B. James Mitose</td>
</tr>
<tr>
<td>68) Thomas Young</td>
<td>C. Arthur Kiawi</td>
</tr>
<tr>
<td>69) William Chow</td>
<td>D. William Chow</td>
</tr>
<tr>
<td>70) Paul Yamaguchi</td>
<td>E. Gichen Funakoshi</td>
</tr>
<tr>
<td>71) Arthur Kiawi</td>
<td>F. Jigoro Kano</td>
</tr>
<tr>
<td>72) Bobby Lowe</td>
<td>G. Yip Man</td>
</tr>
<tr>
<td>73) Jiro Nakamura</td>
<td>H. Chojun Miyagi</td>
</tr>
<tr>
<td>74) Morihei Ueshiba</td>
<td>I. Angel Cabales</td>
</tr>
<tr>
<td>75) Jeff Driscoll</td>
<td>J. Donn Draeger</td>
</tr>
<tr>
<td>76) Ed Parker</td>
<td>K. Bruce Lee</td>
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<tr>
<td>77) Mas Oyama</td>
<td>L. George Dillman</td>
</tr>
<tr>
<td>78) Gogen Yamaguchi</td>
<td>M. Chuck Norris</td>
</tr>
<tr>
<td>79) Adriano Emperado</td>
<td>N. Anko Itosu</td>
</tr>
<tr>
<td>80) Gichen Funakoshi</td>
<td>O. Takeda Sokaku</td>
</tr>
<tr>
<td><strong>Style</strong></td>
<td><strong>Country</strong></td>
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<td>---------------------------</td>
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<tr>
<td>81) Koshso Ryu Kempo</td>
<td>A. United States</td>
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<tr>
<td>82) Ryu Kyu Kempo</td>
<td>B. Japan</td>
</tr>
<tr>
<td>83) American Kempo</td>
<td>C. China</td>
</tr>
<tr>
<td>84) Judo</td>
<td>D. Okinawa</td>
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<tr>
<td>85) Jujutsu</td>
<td>E. Philippines</td>
</tr>
<tr>
<td>86) Tae Kwon Do</td>
<td>F. Brazil</td>
</tr>
<tr>
<td>87) Kendo</td>
<td>G. Canada</td>
</tr>
<tr>
<td>88) Naha-te</td>
<td>H. Mexico</td>
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<tr>
<td>89) Tomari-te</td>
<td>I. England</td>
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<tr>
<td>90) Shuri-te</td>
<td>J. Korea</td>
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<tr>
<td>91) Karate</td>
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<tr>
<td>92) Shotokan Karate</td>
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<td>93) Wing Chun</td>
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<td>94) Daito-ryu Aiki-jujutsu</td>
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<td>95) Jeet kune do</td>
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<td>96) Kyusho Jitsu</td>
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<td>97) Gōjū-ryū</td>
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<td>98) Wado-ryū</td>
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<td>99) Kyokushinkai</td>
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<td>100) Shuri-ryū</td>
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<td>101) Shitō-ryū</td>
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<tr>
<td>102) Shōrin-ryū</td>
<td></td>
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<tr>
<td>103) Escrima</td>
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</tbody>
</table>

**Origin of Styles**

Match up the Martial Arts Style with the Country of Origin.

*(Some choices may be used more than once; some choices may not be used at all.)*
Kosho History Test 2
(Answer Suite)

1. Kosho Ryu Kempo, Ryu Kyu Kempo or other if from other style
2. (B) Old Pine School of Fist Law
3. (B) James Mitose
   3a. Japan
   3b. Hawaii
4. (B) 21st
5. (B) Official Self Defense Club
   5a. Thomas Young
   5b. Simeon Eli
6. (B) Bruce Juchnik
   6a. (A) Sacramento/California
7. Thomas Young, William Chow, Paul Yamaguchi, Bobby Lo, Arthur Kiawi, Jiro Nakamura
8. (A) Thomas Young
9. (B) William Chow
10. (A) Gichen Funakoshi
11. Performed the 1st public demonstration of Karate in front of the Emperor of Japan in order to get Karate into the school systems.
12. School Teacher
13. (A) Shotokan Karate
14. (A) Wind in the Pines
15. (B) George Dillman
16. (C) Kyusho Jitsu
17. (C) Morihei Ueshiba
18. (C) Jeet kune do
19. 3 cities in Okinawa where the 1st 3 styles of Karate were founded. The styles were Naha-te, Tomari-te, and Shuri-te
20. Founded Judo and the colored belt system
21. Judo is considered a martial sport where Jujutsu is considered a war art with Judo being derived from Jujutsu.
22. (A) Miyamoto Musashi
23. He fought about 60 duels to the death in his life time. He fought with 2 swords then later in his career with a wooden sword vs opponents with a live blade. He wrote The Book of 5 Rings. It is said he only lost one duel in his lifetime to a man using a jo staff, but he spared his life. Later on they fought again; Musashi won, and spared his life in return.
24. (B) The Book of 5 Rings
   24a. Strategy, used commonly in business today.
25. (B) Jo Staff
26. (A) General Che
27. (B) The Way of the Hand and the Foot
28. Ed Parker
29. (C) International Kenpo Karate Association
30. (B) Ed Parker
31. Robert Trias
32. Phoenix Arizona, 1946
33. (A) U.S.K.A.

Sho Chiku Bai Exam

34. (B) Left hand represents spiritual, right hand represents physical, placed together for peace and avoidance of conflict.
35. (C) Look at a man as you would a mountain from the distance, without nitpicking flaws and imperfections.
36. (A) Left hand represents spiritual, right hand represents physical, spiritual covers physical, hide your weapons.
37. (D) Escaping
38. (A) Skeletal Strikes
39. (B) Folding Arts
40. (C) Internal Strikes
41. (B) Muscular Strikes
42. (A) TOTAL DOMINATION!
43. (A) Faithful friendship which resists all trials.
44. (C) Beauty, nobility, and courage.
45. (B) Honesty, the application of discipline, and the man who remains loyal in all events.
46. (C) Totality
47. (C) The Eightfold Path of Buddhism
48. (A) The 8 Angles of Escaping
49. The Never Ending Journey
50. (B) Hionori Ohtsuka
51. (C) Chogen Miagi
52. (A) Gogen Yamaguchi
53. (B) Choki Motobu
54. (C) Mas Oyama
55. Bulls
56. (A) Adriano Emperado
57. “ka” (“karate”), “ju” (“jujutsu”), “ken” (“kenpo”), “bo” (Boxing)
58. (B) Shaka Inn
59. Famous Historian of the Martial Arts
60. US Marine, 1st westerner to get a teaching license (menkyo in the tenshin shoden katori Shinto-ryu of bujutsu), and wrote over 30 books.
61. (B) Bruce Lee
62. (C) Wing Chun
63. (B) Angel Cabales

64. The 3rd highest rank in the world under the International Karatedo Federation of Japan. It is awarded to the understudy of the 2 highest ranks who wear red belts. The job of the red belts is to be the personal bodyguard to the Emperor of Japan. The 2 red belts would set the rules for obtaining the one and only tri-color belt, and they created the Lame and Kill Matches.

65. (C) Henry Slomanski

<table>
<thead>
<tr>
<th>Who is Your Master</th>
<th>Match up the Martial Arts Style</th>
</tr>
</thead>
<tbody>
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<td><strong>Students / Teachers</strong></td>
<td><strong>81. Koshso Ryu Kempo</strong>  B, A</td>
</tr>
<tr>
<td>66. Bruce Juchnik  B, D, I, A</td>
<td>82. Ryu Kyu Kempo  D, B</td>
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<td>68. Thomas Young  B, C</td>
<td>84. Judo  B, D</td>
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<td>85. Jujutsu  B, E</td>
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<td>73. Jiro Nakamura  B, H</td>
<td>89. Tomari-te  D, I</td>
</tr>
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<td>74. Morihei Ueshiba O, I</td>
<td>90. Shuri-te  D, J</td>
</tr>
<tr>
<td>75. Jeff Driscoll  A, L, J</td>
<td>91. Karate  D</td>
</tr>
<tr>
<td>76. Ed Parker  D, K</td>
<td>92. Shotokan Karate  D</td>
</tr>
<tr>
<td>77. Mas Oyama  E, L (also gogen yamaguchi)</td>
<td>93. Wing Chun  C</td>
</tr>
<tr>
<td>78. Gogen Yamaguchi  H, M</td>
<td>94. Daito-ryu Aiki-jujutsu  B</td>
</tr>
<tr>
<td>79. Adriano Emperado  B, D, N</td>
<td>95. Jeet kune do  A</td>
</tr>
<tr>
<td>80. Gichen Funakoshi  N, O</td>
<td>96. Kyusho Jitsu  B</td>
</tr>
<tr>
<td></td>
<td>97. Gōjū-ryū  D, B</td>
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<td></td>
<td>98. Wado-ryū  B</td>
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<td>99. Kyokushinkai  B</td>
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<td>100. Shuri-ryū  A</td>
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<td>101. Shitō-ryū  B</td>
</tr>
<tr>
<td></td>
<td>102. Shōrin-ryū  D</td>
</tr>
<tr>
<td></td>
<td>103. Escrima  E</td>
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</tbody>
</table>